

# Resources for Community Projects:

*Really? Really. Breastfeeding. Know the Facts.* These are great materials that can be beneficial to providers, co-workers, clients, patients, and community members.

- Really? Really website is: [ReallyREALLY.org](http://ReallyREALLY.org)

**PRAMS data and infographics:** [http://dhhs.ne.gov/publichealth/Pages/prams\\_reports.aspx](http://dhhs.ne.gov/publichealth/Pages/prams_reports.aspx)

- [Using Evidence-Based Practices to Increase Breastfeeding In Nebraska - Infographic](#)
- [Using Evidence-Based Practices to Increase Breastfeeding In Nebraska Executive Summary](#)
- [Using Evidence-Based Practices to Increase Breastfeeding In Nebraska Full Report](#)
- [Breastfeeding Tips](#)
- [PRAMS and Breastfeeding](#)

**DHHS Maternal Infant Health Breastfeeding Website:**

<http://dhhs.ne.gov/publichealth/MCAH/Pages/BreastfeedingBenefits.aspx>

- [Breastfeeding Best for Baby Pamphlet](#)
- Breastfeeding website
  - MSPI information
  - Back to work



*Helping People Live Better Lives.*