Healthy Children Project, Inc. Presents
The 26th Annual International Breastfeeding Conference
in Deerfield Beach, Florida

“I can’t believe how much I learned--I will definitely be sharing this information when I get home!”

“What a gorgeous place! I loved getting to learn here.”

“To meet so many lovely people, all as passionate about breastfeeding as I am--it was really special.”

January 14-17, 2020
Deerfield Beach, Florida
Get ready to shake off the winter blues! Join us in sunny Deerfield Beach, Florida for a fun, educational, inspiring week that will not only give you continuing education credits, but is sure to be a great time! Meet new friends, connect with old friends, laugh, talk, discuss, learn, enjoy, all in one place with colleagues you admire, friends you enjoy, and faculty you respect.

This conference is really your conference. A chance for you to network and learn. This year's conference was specially designed to broaden the perspective and enhance the clinical skills of people who care for breastfeeding mothers and babies. The content of the conference has been carefully chosen to ensure new, creative discussions about management and strategy options. The 2020 International Conference in Deerfield Beach, Florida is indispensable for professionals working in the area of breastfeeding and human lactation. A true meeting of the minds that will convey new knowledge and crucial skills.

Should you attend? Only if you want the most up-to-date information delivered in a congenial, lively, and inspiring format. In the past, we have had participants that are physicians, nurses, nutritionists, research experts, public health providers, OTs, CLCs, IBCLCs, WIC staff, students, educators, doulas, midwives, anthropologists, and lactation care providers. Don't miss this year, as it is sure to be the best one yet!

Conference Objectives
Participants will be able to:
• Describe current trends in clinical practice for those who care for breastfeeding mothers and babies.
• Describe research findings that impact clinical practice, program development, funding and policy in breastfeeding and human lactation.
• Describe current trends in promoting, supporting and/or protecting breastfeeding.
• Discuss research findings that expand knowledge regarding lactation.

Contact Hours
The Core Conference has been approved for up to 6 Contact Hours per day attended for RNs and CLCs, and IBCLCs will receive up to 6 L CERPs. The Pre-Conference Workshop has been approved for 6 Contact Hours for RNs and CLCs and 6E CERPs for IBCLCs. Partial credit will not be given to participants who attend only part of any pre-conference workshop. Partial credit will be available for the Core Conference.

Healthy Children Project, Inc. is an approved provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. (ANCC)

Healthy Children Project, Inc. is a provider approved by the California Board of Registered Nursing. Provider Number CEP4931. Florida Provider Number FBN3373.

No alterations in the academic schedule are anticipated, but the right is reserved to amend the schedule if necessary.
The Conference hotel, Embassy Suites by Hilton Deerfield Beach Resort & Spa, is one of the best Deerfield Beach hotels on Florida's Gold Coast. Located between Boca Raton and Ft. Lauderdale, enjoy two miles of Florida's white sand beaches, accessible from the walkway. Come to BT’s Oceanfront restaurant for a free made-to-order breakfast—savor a custom omelet with coffee and ocean views. Enjoy a cocktail and snacks at the complimentary Evening Reception. Experience the tropical heated pool or wading in the Atlantic, just steps from the resort in Deerfield Beach. Relax with an aromatherapy bath or massage at Spa 950. The 3,300 sq. ft. spa includes a full-service salon. This resort near Delray Beach is 18 miles from Ft. Lauderdale International Airport and 23 miles from Palm Beach International Airport.

Please call the hotel directly to make your hotel reservations, and be sure to mention that you are part of the Healthy Children Conference to access this special rate!

**Group Name:** Healthy Children Conference  
**Group Code:** HCC  
**Hotel Name:** Embassy Suites by Hilton Deerfield Beach  
**Hotel Address:** 950 South Ocean Drive, Deerfield Beach, FL 33441  
**Phone:** 1-954-426-0478

**Act Fast!**

Enjoy spacious two-room suites for $239.00 USD/night (does not include tax/service charge)—there are a limited number of rooms reserved at our special discount rate. Once those rooms are gone, standard hotel rates will apply, so don't miss out on this fantastic discount! Overnight rooms are not included in the conference fee. The reduced rate is available if booked prior to December 12, 2019.

**Roommate Assistance**

Please call the Center for Breastfeeding at (508) 888-8044 if you need help finding a roommate. We will keep a list of people who are looking for someone to share overnight expenses and will be happy to help you. However, we cannot guarantee a roommate.
Tuesday - January 14, 2020
Pre-Conference Intensive!

Pre-Conference Workshop:
Tough Choices in Lactation Care --
Balancing Ethics, Evidence, Experience, and Empathy

Tuesday, January 14, 2020
Registration: 8:30 am - 9:00 am
Session: 9:00 am - 4:00 pm
Cost $150 ($160 after December 16, 2019) Includes lunch.
RNs and CLCs: 6 Contact Hours, IBCLCs: 6 E CERPS

This interactive pre-conference will address many of the most controversial and unsettled issues in lactation care, including tongue-tie, galactagogues, antenatal expression, feeding premies, post-partum mood disorders, and more!

By examining how we balance the perspectives of the 4 E’s--Ethics, Evidence, Experience, and Empathy--we can move our practice closer to the goal of delivering the most optimal lactation care to the families we serve.

Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC
Anna Blair, PhD, IBCLC, CLC
Cindy Turner-Maffei, MA, ALC, IBCLC

Nightly Evening Reception
Join us every evening for complimentary hors d’oeuvres and cocktails as we unwind and mingle after a fantastic conference day (registered guests of the hotel only).
Core Conference: Wednesday, Thursday and Friday
January 15, 16, and 17, 2020

Take all three days or select just one or two! More flexibility to suit your needs and goals for this conference.

Core Conference Registration Includes
- Conference syllabus with abstracts
- Admission to plenary sessions
- Selection of concurrent sessions - you may choose at the conference
- Opportunity to earn 18 contact hours during the Core Conference (up to 6 hours per day)
- Buffet lunch during the Core Conference Days
- Free entrance to the Learning Bazaar
- Opportunity to learn from speakers, poster presentations, and other participants

Babies and Children
Babies and children will not be admitted to the teaching rooms except for quiet babies under 6 months.

Core Conference Registration
Each day of the Core Conference is $165 USD. Or you can register for all three days and receive a significant savings! There is a $25 per person charge to use a purchase order or to bill your agency. The early bird discount is not available when using a purchase order, unless the payment is received on or before December 16, 2019.

Cancellations and Substitutions
All refund requests must be made in writing and postmarked before December 16, 2019 and are subject to a $50 processing fee. Between December 17, 2019 and January 10, 2020 you may find a substitute without penalty if you notify The Center for Breastfeeding in writing. Otherwise cancellation is subject to the full fee.

Please call us with any questions you may have! Our staff is available Monday - Friday, 9:00a.m. - 4:30p.m. EST at (508) 888-8044. Our 24-hour fax number is (508) 888-8050. You can email us at info@centerforbreastfeeding.org.

Or write to us at:  The Center for Breastfeeding
Healthy Children Project, Inc.
327 Quaker Meeting House Road
East Sandwich, MA 02537 USA

Healthy Children Project, Inc. is defining the field of research-based breastfeeding education and ethical, evidence-based breastfeeding practice. Healthy Children Project, Inc. is a non-profit 501(c)3 research and educational institution dedicated to improving child health outcomes through partnerships with public, private and non-profit agencies.

Through its Center for Breastfeeding, Healthy Children Project, Inc. is the largest national provider of lactation management education for health care providers. More than 4,000 health providers, advocates and facilitators are educated annually through more than 100 offerings across the United States. These include five-day courses, workshops, seminars, self-study modules, national and international conferences.

Continuing education units are available to registered nurses, certified lactation counselors, and internationally board certified lactation consultants through long-term provider agreements. Others may be available through ANCC reciprocation agreements.

For more information about Healthy Children Project, Inc.’s Center for Breastfeeding, please visit us on the web at www.centerforbreastfeeding.org.

Learning Bazaar Rules & Regulations
Any registered participant for The 2020 International Breastfeeding Conference in Deerfield Beach, Florida may request an exhibit table in the Learning Bazaar - Marketplace of Ideas. There is no additional charge to exhibit. Organizations and individuals must abide by the WHO International Code of Marketing of Breastmilk Substitutes. Arrangements must be made by December 17, 2019 in order to secure a table. Space is limited.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am</td>
<td>Registration: Learning Bazaar Open [Complimentary Breakfast for Hotel Guests]</td>
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<tr>
<td>8:30 am-9:45 am</td>
<td>Where Are We Now?: Breastfeeding 360</td>
<td>Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC, Anna Blair, PhD, IBCLC, CLC</td>
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<tr>
<td>10:00 am-11:00 am</td>
<td>A Public Health Offering: How Exploring Implicit Bias Can Improve Breastfeeding Outcomes, Reduce Inequities, and Reshape the Lactation Workforce</td>
<td>Ravae Sinclair, JD, CD (DONA), LCCE</td>
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<tr>
<td>11:15 am-12:00 pm</td>
<td>Session 1</td>
<td>Session 2</td>
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<td></td>
<td>Anxiety, Oxytocin, and Breastfeeding</td>
<td>Development of a Breastfeeding Policy for Women Living in Shelters</td>
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<td>Anna Blair, PhD, IBCLC, CLC</td>
<td>Nikki Lee, RN, BSN, MS, IBCLC, CCE, CIMI, ANLC, CKC</td>
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<td>Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC</td>
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<tr>
<td>12:00 pm-1:00 pm</td>
<td>LUNCH</td>
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<tr>
<td>1:15 pm-2:15 pm</td>
<td>The First 1000 Days: Our Dream Initiative's Plan for Transforming Egypt</td>
<td>Abla Al Alfy, MD</td>
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<tr>
<td>2:25 pm-2:55 pm</td>
<td>...Continuing the Conversation</td>
<td>Effect of SMS Communication Does Not Improve First Hour Initiation of Breastfeeding Rate in a Randomized Trial from Low-to-Middle Income Country Setting</td>
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<td></td>
<td>Ravae Sinclair, JD, CD (DONA), LCCE</td>
<td>Bhavneet Bharti, MD, DNB</td>
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<tr>
<td>3:00 pm-3:30 pm</td>
<td>The Role of Vaginal Seeding After Cesarean in Establishment of the Newborn Microbiome</td>
<td>Virus Killing by Specialized White Blood Cells in Breast Milk: How Breastfeeding Can Be Protective Against HIV Infection</td>
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<td>Donna Walls, RN, BSN, ICCE, IBCLC, ANLC</td>
<td>Rebecca Powell, PhD, CLC</td>
</tr>
<tr>
<td>3:35 pm-4:05 pm</td>
<td>I Have My Certification... What's Next?</td>
<td>Baby Steps: Improving Pregnancy, Breastfeeding, and Parenting Services for Students and Employees on College Campuses</td>
</tr>
<tr>
<td></td>
<td>Helping Mothers Reach Their Breastfeeding Goals--Without Giving Away the Store</td>
<td>Erin McKinley, PhD, RD, LD, CLC, CHES</td>
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<td>Paula Hart, BS, RN, IBCLC, CCE</td>
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<tr>
<td></td>
<td>Carin Richter, RN, MSN, APN-BC, IBCLC, CCBE</td>
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<tr>
<td>4:05 pm-4:15 pm</td>
<td>Afternoon Break: Learning Bazaar Open</td>
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<tr>
<td>4:15 pm-5:00 pm</td>
<td>Case Studies in Breastfeeding: Problem Solving Skills and Strategies</td>
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<td></td>
<td>Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC</td>
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<td></td>
<td>Cindy Turner-Maffei, MA, ALC, IBCLC</td>
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**Nightly Evening Reception**

Join us every evening for complimentary hors d’oeuvres and cocktails as we unwind and mingle after a fantastic conference day (registered guests of the hotel only).
**Thursday - January 16, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session/Activity</th>
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<tbody>
<tr>
<td><strong>7:30 am-8:30 am</strong></td>
<td>Registration: Learning Bazaar Open [Complimentary Breakfast for Hotel Guests] Poster Presentation Session</td>
</tr>
<tr>
<td><strong>8:30 am-9:45 am</strong></td>
<td><strong>Nipple Shield Use in Preterm Infants: Prevalence, Reasons for Use, and Association with Exclusive Breastfeeding</strong> Ragnhild Maastrup, RN, PhD, IBCLC</td>
</tr>
<tr>
<td><strong>10:00 am-11:00 am</strong></td>
<td><strong>Shifting Perspectives on Birth and Breastfeeding: Media Analysis and Representation</strong> Anna Blair, PhD, IBCLC, CLC Kajsa Brimdyr, PhD, CLC</td>
</tr>
<tr>
<td><strong>11:15 am-12:00 pm</strong></td>
<td><strong>Session 1</strong>                                                                                             <strong>Session 2</strong></td>
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<tr>
<td><strong>Session 1</strong></td>
<td>“Will the Real Slim Shady Please Stand Up?” The Importance of Hospital and Community Connection on Maternal Child Health Felisha Floyd, BS, CLC, IBCLC</td>
</tr>
<tr>
<td><strong>12:00 pm-1:00 pm</strong></td>
<td><strong>LUNCH</strong></td>
</tr>
<tr>
<td><strong>1:15 pm-2:15 pm</strong></td>
<td><strong>Assessing the Impact of Hospital-Based Breastfeeding Interventions on Infant Health</strong> Cristiano Boccolini, PhD Patricia Boccolini, PhD</td>
</tr>
<tr>
<td><strong>2:25 pm-2:55 pm</strong></td>
<td><strong>Track 1</strong>                                                                                                 <strong>Track 2</strong></td>
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<tr>
<td><strong>Building Community for All Families: A Collaborative Care Model for Pregnancy through the First Year</strong> Melenie Duval, ALC, BA</td>
<td><strong>Skills Lab: Supporting Complementary Feeding: Solids, Liquids, and Gas</strong> Cindy Turner-Maffei, MA, ALC, IBCLC Anna Blair, PhD, IBCLC, CLC</td>
</tr>
<tr>
<td><strong>3:00 pm-3:30 pm</strong></td>
<td><strong>Track 1</strong>                                                                                                 <strong>Track 2</strong></td>
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<tr>
<td><strong>Releasing Yourself from the Pressure of Fixing the Breastfeeding Problem</strong> Patricia Officer, BS, CLC, IBCLC</td>
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<tr>
<td><strong>3:35 pm-4:05 pm</strong></td>
<td><strong>Track 1</strong>                                                                                                 <strong>Track 2</strong></td>
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<tr>
<td><strong>Breastfeeding without Nursing: Why Do Some Breastfeeders Exclusively Pump?</strong> Fiona Jardine, PhD Candidate, MLS, LLM, ALC</td>
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<tr>
<td><strong>4:05 pm-4:15 pm</strong></td>
<td><strong>Afternoon Break: Learning Bazaar Open</strong></td>
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<tr>
<td><strong>4:15 pm-5:00 pm</strong></td>
<td><strong>Ask the Experts</strong> An opportunity to put forth your questions and concerns to our panel of experts!</td>
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</table>
### Nightly Evening Reception

Join us every evening for complimentary hors d’oeuvres and cocktails as we unwind and mingle after a fantastic conference day (registered guests of the hotel only).

### Friday - January 17, 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Registration: Learning Bazaar Open [Complimentary Breakfast for Hotel Guests]</td>
</tr>
<tr>
<td>8:30am-9:45 am</td>
<td><strong>Human Milk, Lactation, and the Gut Microbiome</strong>&lt;br&gt;Maureen Groër, PhD, RN, FAAN</td>
</tr>
<tr>
<td>10:00 am-11:00 am</td>
<td><strong>Skin-to-Skin Contact in the First Hour After Birth: Even More Magical Than We Thought!</strong>&lt;br&gt;Kajsa Brimdyr, PhD, CLC</td>
</tr>
<tr>
<td>11:15 am-12:00 pm</td>
<td><strong>Session 1</strong>&lt;br&gt;<strong>Possibilities for Closeness Between Infants and Parents in Neonatal Wards: Results from 36 Countries in the Neo-BFHI Survey</strong>&lt;br&gt;Ragnhild Maastrup, RN, PhD, IBCLC</td>
</tr>
<tr>
<td>12:00 pm-1:00 pm</td>
<td>LUNCH</td>
</tr>
<tr>
<td>1:00 pm-1:15 pm</td>
<td><strong>Duck out for Ducks! Milk Duck Race / Group Conference Photo</strong></td>
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<tr>
<td>1:15 pm-2:15 pm</td>
<td><strong>Breastfeeding Challenges: Thinking Outside the Box!</strong>&lt;br&gt;Healthy Children Faculty</td>
</tr>
<tr>
<td>2:25 pm-2:55 pm</td>
<td><strong>Track 1</strong>&lt;br&gt;<strong>Evaluating the International Code of Marketing of Breast-milk Substitutes in Brazil: Multi-NBCAL Study</strong>&lt;br&gt;Cristiano Boccolini, PhD&lt;br&gt;Patricia Boccolini, PhD</td>
</tr>
<tr>
<td>3:00 pm-3:30 pm</td>
<td><strong>Track 1</strong>&lt;br&gt;<strong>Presence and Significance of Intrauterine Heirloom Microbes on Long Term Infant Health</strong>&lt;br&gt;Maureen Groër, PhD, RN, FAAN</td>
</tr>
<tr>
<td>3:35 pm-4:05 pm</td>
<td><strong>Track 1</strong>&lt;br&gt;<strong>Everybody Wants to Hold the Baby, Who Will Hold the Mother? Perinatal Mood &amp; Anxiety Disorders (PMADs)</strong>&lt;br&gt;Jabina Coleman, LSW, MSW, CLC, IBCLC</td>
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<tr>
<td>4:05 pm-4:15 pm</td>
<td>Afternoon Break: Learning Bazaar Open</td>
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<tr>
<td>4:15 pm-5:00 pm</td>
<td><strong>Unique and Surprising Findings About Maternal Child Health</strong>&lt;br&gt;Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC&lt;br&gt;Cindy Turner-Maffei, MA, ALC, IBCLC</td>
</tr>
</tbody>
</table>

A final chance to get together and close out our conference on a fun and friendly note! This presentation is always a favorite among participants, full of information and facts you may not be able to find elsewhere.
Abla Al Alfy, MD
Dr. Abla Al Alfy is creating a cadre of skilled child nutrition professionals to support mothers during the first two years of their child's life, a critical age for cognitive and physical development. These Child Nutritional Counselors provide valuable information and skills to mothers through nutrition centers in hospitals and homes across Egypt.

Bhavneet Bharti, MD, DNB
Dr. Bhavneet Bharti is Professor in the department of Pediatrics at Advanced Pediatrics Center, Postgraduate Institute of Medical Education & Research Chandigarh, INDIA. She is in charge of the division of Social Pediatrics.

Anna Blair, PhD, IBCLC, CLC
Dr. Anna Blair is the Director of Academic Programs at Healthy Children Project’s Center for Breastfeeding, where she is also on the faculty and a researcher. Dr. Blair spent nearly two decades in academia in addition to her work in clinical practice. As a lactation care provider, Dr. Blair works in a community-based lactation center answering a breastfeeding warmline for three counties and offering face-to-face visits. Her research on sore nipples and positioning/latch solidified the premise that the two are intricately related. She is the author of many research articles and publications, including Maternal Infant Assessment for Breastfeeding and Human Lactation and 100 Questions & Answers about Breastfeeding.

Cristiano Boccolini, PhD
Dr. Cristiano Boccolini is a public health researcher from Oswaldo Cruz Foundation (Fiocruz) and graduate professor at National School of Public Health/Fiocruz, Rio de Janeiro - Brazil. Most of Cristiano’s work and research has been dedicated to evaluating aspects of public health policies directed to breastfeeding protection and support in Brazil and Latin America.

Patricia Boccolini, PhD
Dr. Patricia Boccolini is professor of epidemiology at Medical School (Faculdade de Medicina de Petrópolis/FASE) and associate researcher at Oswaldo Cruz Foundation (Fiocruz), Rio de Janeiro - Brazil. Patricia’s research has been directed to evaluate epidemiological aspects from National Health Systems and National Health Surveys, especially chronic diseases and infant nutrition.

Kajsa Brimdyr, PhD, CLC
Dr. Kajsa Brimdyr is an experienced ethnographer, researcher and international expert in the implementation of continuous, uninterrupted skin to skin in the first hour after birth. She is author of numerous peer-reviewed articles and the award winning director of The Magical Hour: Holding Your Baby Skin to Skin the First Hour After Birth, produced with Ann-Marie Widström and Kristin Svensson, and together the three also created and produced the groundbreaking DVD Skin to Skin in the First Hour after Birth: Practical Advice for Staff after Vaginal and Cesarean Birth.

Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC
Dr. Karin Cadwell is an internationally recognized leader in the field of breastfeeding and human lactation. She is a delegate to the US Breastfeeding Committee and convener of the US UNICEF/WHO implementation of the Baby Friendly Hospital Initiative, Baby Friendly USA. She is the lead faculty at Healthy Children Project, Inc., a lactation consultant at the Center for Breastfeeding and the author of numerous books and articles.

Stephanie Carroll, MBA, IBCLC, CLC, CLS
Stephanie is an International Board Certified Lactation Consultant (IBCLC) who has been practicing in the breastfeeding field since 2010. Her journey into lactation began with her own breastfeeding experience with her daughters, born in 2007 and 2010. In 2010, she became a WIC Breastfeeding Peer Helper for Gallia County WIC. It was then that she discovered a passion for helping new families reach their breastfeeding goals. She received her Certified Lactation Specialist (CLS) certification in 2012 and her Certified Lactation Counselor (CLC) certification the following year.

Jabina Coleman, LSW, MSW, CLC, IBCLC
Jabina G. Coleman is a Licensed Social Worker and International Board Certified Lactation Consultant who has dedicated over a decade of her life to serving women, children, and families in Philadelphia. Jabina received her Bachelors of Science in Biobehavioral Health from the Pennsylvania State University and Master’s degree in Social Work from the University of Pennsylvania, School of Social Policy & Practice. Jabina is the owner of Life House Lactation & Perinatal Services, LLC where she provides lactation consultation services and psychotherapy with a concentration on perinatal mood and anxiety disorders. Jabina is the co-founder of Perinatal Mental Health Alliance for People of Color, providing resources and support to professionals and communities of color.
Melenie Duval, ALC, BA
Melenie Duval has more than 20 years of experience in the field of breastfeeding. In fact, many in the local childbirth community call her the “breast whisperer!” She brings passion, wisdom, and loving care to every family she serves. Melenie received her Advanced Lactation Consultant certification in the fall of 2017. Before that, she maintained her Certified Lactation Counselor accreditation while working at the Gallatin City-County Health Department as the Lactation Education Program Coordinator, a program she developed from the ground up. She takes pride in helping women successfully nurture their babies in a way that best supports that particular mother’s goals and desires.

Felisha Floyd, BS, CLC, IBCLC
Felisha Floyd is an author, speaker, trainer, and consultant and an award-winning hospital-based IBCLC celebrated for her work in the health/racial equity and food justice fields. She is the owner of Beyond Breastfeeding and the founder of Our Brown Baby. She serves as the President of the National Association of Professional and Peer Lactation Supporters of Color (NAPPLSC) and is an active member of the CSI/Race Forward First Food Racial Equity Cohort. Her career as a peer counselor and breastfeeding coordinator for WIC led to her work as a consultant with Boston Medical College’s notable program, Communities and Hospitals Advancing Maternity Practices program (CHAMPS). She is well known as the social media guru who founded Blactavist, an online breastfeeding cultural support group with a continually growing audience of more than 40,000.

Bethany Gallagher, MS, CCC-SLP, CLC, CNT
Bethany Gallagher is a Senior Speech and Language Pathologist who has over 14 years of experience working in a level 2 NICU with a variety of neonates and infants. Bethany has developed and assisted in the development of a variety of programs at Mt. Washington Pediatric Hospital including an interdisciplinary lactation department, Video Fluoroscopic Swallow Studies, and Fiberoptic Endoscopic Evaluation of Swallowing clinic. She is a part of an interdisciplinary lactation and feeding team at Mt. Washington Pediatric Hospital. Bethany is a Certified Neonatal Therapist through NANT.

Maureen Groër, PhD, RN, FAAN
Dr. Maureen Groër is a pediatric nurse and Family Nurse Practitioner who completed bachelors, masters and PhD degrees in biology and physiology. She is the Gordon Keller Professor of Nursing at the University of South Florida College of Nursing and has a secondary appointment in Internal Medicine. She has a long history of research on lactation, human milk, and maternal-infant health and has been funded for 18 years by the National Institutes of Health. At USF, Maureen directs the Biobehavioral lab which is a hub for microbiome and infectious disease research and training in maternal child health. She has over 120 publications, has served on the Board of the International Society for Research on Human Milk and Lactation (ISRHML) and is a member of the Breastfeeding Expert Panel of the American Academy of Nursing.

Kate Hale, MS, CCC-SLP, CLC
Kate Hale is a Clinical Speech and Language Pathologist who has over 6 years of experience working in a NICU with a variety of neonates and premature infants. She is part of the Video Fluoroscopic Swallow Study team, assessing premature infant and neonate's swallowing safety alongside Radiology. Kate's clinical specialty is working with critical airway patients to maximize their safety with feeding and communication through use of speaking valves. Kate is a part of an interdisciplinary lactation and feeding team at Mt. Washington Pediatric Hospital. Kate is a Certified Neonatal Therapist through NANT.

Paula Hart, BS, RN, IBCLC, CCE
Paula Hart has worked as a nurse for 43 years and a lactation consultant for the past 19 years in public health, hospital, office, and private practice settings in the Rockford, IL area. While in the hospital setting, Paula was able to coordinate an outpatient breastfeeding clinic and co-facilitate a breastfeeding support group. Paula owns MOMS (Mothers Offering Mothers Support) Lactation Resource Centers, and is an instructor for the Institute for the Advancement of Breastfeeding and Lactation Education (IABLE). Paula is an active member of the Northern Illinois Breastfeeding Task Force and is on the State of IL Breastfeeding Task Force.

Fiona Jardine, MA (Cantab.), LLM, MLS, ALC
Fiona Jardine is a PhD candidate at the University of Maryland’s iSchool where she is conducting pioneering research into the experiences of those who exclusively pump human milk, examining topics such as their information behavior, the reasons they exclusively pump, and the support they received; follow along with her findings here: bit.ly/EPresearch. Fiona is also an Advanced Lactation Consultant and a postpartum doula so that she can provide the support that she believes is so desperately needed, especially in the fourth trimester. After gaining her doctorate, she hopes to continue to meld research and academia with helping real people in the real world. Find out more about Fiona on her website: fionamjardine.com
Conference Faculty

Nikki Lee, RN, MSN, IBCLC, ANLC, CIMI, CCE, CKC
Nikki Lee has been a nurse since 1971 and is a childbirth educator, a holistic lactation consultant, a craniosacral therapy practitioner, a baby body worker (teaching Infant Massage and TummyTime), an author, a teacher, a public speaker and a registered yoga instructor. Her publications include Complementary and Alternative Medicine in Breastfeeding Therapy, the monographs “Benefits of Breastfeeding and Their Economic Impact” and “Sexuality and Breastfeeding” and the educational pamphlet “How to help yourself through labor.”

Ragnild Maastrup, RN, PhD, IBCLC
Dr. Ragnhild Maastrup is a clinical nurse researcher in the NICU and leader of Knowledge Centre for Breastfeeding Infants with special needs at Rigshospitalet, Copenhagen. The doctoral thesis from 2014 was entitled “Breastfeeding of preterm infants – Associated factors in infants, mothers and clinical practice.”

Erin McKinley, PhD, RD, LD, CLC, CHES
Dr. Erin McKinley is a Registered Dietitian, Certified Health Education Specialist, and Certified Lactation Counselor based in Baton Rouge, LA. She is an Assistant Professor and the Director of the Didactic Program in Dietetics at Louisiana State University. She obtained both her PhD in Health Education and Health Promotion and Masters of Science in Human Nutrition from The University of Alabama. Her present research plan is an expansion of the work she will currently present in hopes to further understand how prenatal breastfeeding self-efficacy affects breastfeeding activity in the first year of a child’s life.

Patricia Officer, BS, CLC, IBCLC
Patricia Officer currently works as a Lactation Counselor and is fortunate to work on NICU, L&D, CHOICE and Breastfeeding Council Teams. She takes pride in the fact that her start into the field of lactation began as a Breastfeeding Peer Counselor where she developed her counseling skills. Now, with over 10+ years experience working in urban communities, public and private health care settings, she has had the opportunity to work with countless families. In addition, she is a faculty member at Healthy Children Project. She holds a bachelor’s degree in business management from the University of Phoenix.

Rebecca Powell, PhD, CLC
Dr. Rebecca LR Powell is an Assistant Professor in the department of Medicine, Division of Infectious Diseases, at the Icahn School of Medicine at Mount Sinai Hospital. She is analyzing the phagocytosis responses of various cell types to better understand the effects of phagocytosis receptor profiles and the impact of antibody specificity on the elicitation of biologic function. Rebecca is studying contribution of breast milk leukocytes to the relatively low rate of HIV transmission in infants exclusively breastfed by their HIV-infected mothers. She received her PhD in microbiology from the Sackler Institute, NYU School of Medicine.

Carin Richter, RN, MSN, APN-BC, IBCLC, CCBE
Carin Richter has worked with mothers and babies in the acute care setting for 27 years, including 17 as the clinical nurse specialist in charge of staff education and special projects and as maternal/child nurse/physician liaison. Carin developed a nurse-run postpartum care follow-up clinic specializing in the assessment and support of the postpartum mother/baby couplet. The clinic focuses on breastfeeding issues as well as screening for newborn jaundice and maternal postpartum depression. On a national level, Carin has served on the ANCC panel of experts for Perinatal Care.

Lorilyn Russell, MS, RD, LDN, CLC
Lorilyn Russell is a Senior Clinical Dietitian with 10 years of experience working in a NICU setting. Lorilyn has worked to develop and implement an interdisciplinary lactation support team with a focus on infants born prematurely and with complex medical concerns. Her areas of particular interest are macro and micro-nutrient content of human breast milk and their impact on growth & development in preterm infants.

Lillian Scott, MS, CCC-SLP, IBCLC
Lillian Scott is a speech-language pathologist and international board certified lactation consultant. She received a master's degree in Speech-Language Pathology from Gallaudet University. She received dual bachelor degrees from the University of Kentucky. She has worked with pediatrics and adults in the areas of speech, language, and swallowing. She has NICU, PICU, Mother/baby, and outpatient clinical experience working with feeding dyads for nursing and/or bottle feeding. She has completed Modified Barium Swallow Studies in adults and pediatrics. She has experience in adult FEES. Her interest is in successful feeding by mouth for infants and children with complex medical histories while promoting and supporting breastfeeding/chestfeeding for everyone.
Ravae Sinclair, JD, CD (DONA), LCCE
Ravae Sinclair is a certified birth doula, certified Lamaze childbirth educator, lactation counselor and postpartum doula in the south of Florida (U.S.) area. Since she began her career in 2002, Ravae has supported over 550 families through a wide variety of birth experiences. As a business owner, Ravae intentionally serves multicultural and international families. Ravae has worked as a doula in a variety of settings, including on the staff at Columbia Center Birth Place and Sibley Memorial Hospital. Currently, she serves on the board of directors for DONA International as President. Her past service includes Intercultural Director, and Chairperson of the Ethics and the Nominations Committees. She has also served as a committee member on the Advocacy, Publications and Conference committees while working on Ad Hoc Committees to address policy and Bylaw changes when needed.

Cindy Turner-Maffei, MA, ALC, IBCLC
Cindy Turner-Maffei is lead faculty and lactation consultant at Healthy Children Project’s Center for Breastfeeding, where she has worked for more than 20 years. From 1997-2011, she served as National Coordinator of Baby-Friendly USA, overseeing the implementation of the UNICEF Baby-Friendly Hospital Initiative in the United States. An IBCLC since 1988, Cindy has extensive experience as a nutritionist and breastfeeding coordinator in WIC and other Maternal Child Health programs. She serves on a number of breastfeeding coalitions on the local, state and national level, including the US Breastfeeding Committee, and taught at the bachelor's level for 17 years at Union Institute & University. She has been honored to work alongside those working to help new families overcome breastfeeding issues throughout this country and in Egypt, Latvia, and Sweden. Cindy is an author, co-author, and editor of several articles and books, including her favorite, Case Studies in Breastfeeding: Problem-Solving Skills & Strategies.

Donna Walls, RN, BSN, ICCE, IBCLC, ANLC
Donna Walls has been a registered nurse for 45 years, and for 43 years has worked with pregnant and new parents. She became a certified childbirth educator in 1984 and a certified lactation consultant in 1987. She joined Healthy Children Project’s Center for Breastfeeding faculty in 2010 and continues to practice as a clinical lactation consultant. She was the project leader for the successful Baby-Friendly designation at Southview Hospital in 2008 and serves as the representative to the United States Breastfeeding Committee for the International Childbirth Education Association, where she serves as the Director of Lactation. In 1997, she graduated as a master herbalist from the Australasian College with a Diploma Degree in Herbal Sciences and in 1998 became a certified aromatherapist. She published her first book “Natural Families – Healthy Homes” in 2007, and second book “Growing Green Families” in 2016, focusing on the connection between the health of the environment and personal health.
Registration Form 2020

The 26th Annual International Breastfeeding Conference in Deerfield Beach, Florida

Register online at www.centerforbreastfeeding.org
Or mail, fax, or call with your registration.

Please type your name or print it legibly so that it will be spelled correctly on your nametag and certificate.

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Conference Rates

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<tr>
<td>Pre-Conference Workshop</td>
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<tr>
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TOTAL ENCLOSED $____________

(Note: Lunch is included for all Core Conference days as well as the Pre-Conference Session.)

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