Healthy Children Project, Inc. Presents

The 25th Annual International Breastfeeding Conference
in Deerfield Beach, Florida

January 15-18, 2019
Deerfield Beach, Florida

“The speakers were passionate, educated, and very informative.”

“I enjoyed meeting and mingling with peers from different states and countries and discussing similar issues.”

“It was so wonderful to meet the authors of all the books I use all the time!”
Get ready to shake off the winter blues! Join us in sunny Deerfield Beach, Florida for a fun, educational, inspiring week that will not only give you continuing education credits, but is sure to be a great time! Meet new friends, connect with old friends, laugh, talk, discuss, learn, enjoy, all in one place with colleagues you admire, friends you enjoy, and faculty you respect. This conference is a great way to get continuing education credit and is sure to be exciting and fun.

This conference is really your conference. A chance for you to network and learn. This year’s conference was specially designed to broaden the perspective and enhance the clinical skills of people who care for breastfeeding mothers and babies. The content of the conference has been carefully chosen to ensure new, creative discussions about management and strategy options. The 2019 International Conference in Deerfield Beach, Florida is indispensable for professionals working in the area of breastfeeding and human lactation. A true meeting of the minds that will convey new knowledge and crucial skills.

Should you attend? Only if you want the most up to date information delivered in a congenial, lively, and inspiring format. In the past, we have had participants that are physicians, nurses, nutritionists, research experts, public health providers, OTs, CLCs, IBCLCs, WIC staff, students, educators, doulas, midwives, anthropologists, and lactation care providers. Don’t miss this year, as it is sure to be the best one yet!

Conference Objectives

Participants will be able to:
• Describe current trends in clinical practice for those who care for breastfeeding mothers and babies.
• Describe research findings that impact clinical practice, program development, funding and policy in breastfeeding and human lactation.
• Describe current trends in promoting, supporting and/or protecting breastfeeding.
• Discuss research findings that expand knowledge regarding lactation.

Contact Hours

The Core Conference has been approved for up to 6 Contact Hours per day attended for RNs and CLCs, and IBCLCs will receive up to 6 L CERPs. Each Pre-Conference Workshop has been approved for 3 Contact Hours for RNs and CLCs and 3 E CERPs for IBCLCs. Partial credit will not be given to participants who attend only part of any pre-conference workshops. Partial credit will be available for the Core Conference.

Healthy Children Project, Inc. is an approved provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. (ANCC)

No alterations in the academic schedule are anticipated, but the right is reserved to amend the schedule if necessary.

Healthy Children Project, Inc. is a provider approved by the California Board of Registered Nursing. Provider Number CEP4931. Florida Provider Number FBN3373.
The Conference hotel, **Embassy Suites by Hilton Deerfield Beach Resort & Spa**, is one of the best Deerfield Beach hotels on Florida's Gold Coast. Located between Boca Raton and Ft. Lauderdale, enjoy two miles of Florida's white sand beaches, accessible from the walkway. Come to BT’s Oceanfront restaurant for a **free made-to-order breakfast**—savor a custom omelet with coffee and ocean views. Enjoy a cocktail and snacks at the **complimentary Evening Reception**. Experience the tropical heated pool or wading in the Atlantic, just steps from the resort in Deerfield Beach. Relax with an aromatherapy bath or massage at Spa 950. The 3,300 sq. ft. spa includes a full-service salon. This resort near Delray Beach is 18 miles from Ft. Lauderdale International Airport and 23 miles from Miami’s Palm Beach International Airport.

Please call the hotel directly to make your hotel reservations, and be sure to mention that you are part of the **Healthy Children Conference** to access this special rate!

**Group Name:** Healthy Children Conference  
**Group Code:** HCC  
**Hotel Name:** Embassy Suites by Hilton Deerfield Beach  
**Hotel Address:** 950 South Ocean Drive, Deerfield Beach, FL 33441  
**Phone:** 1-954-426-0478

**Act Fast!**

Enjoy spacious two-room suites for $239.00 USD/night (does not include tax/service charge)—there are a limited number of rooms reserved at our special discount rate. Once those rooms are gone, standard hotel rates will apply so don’t miss out on this fantastic discount! Overnight rooms are not included in the conference fee. The reduced rate is available if booked prior to December 13, 2018.

**Roommate Assistance**

Please call the Center for Breastfeeding at (508) 888-8044 if you need help finding a roommate. We will keep a list of people who are looking for someone to share overnight expenses and will be happy to help you. However, we cannot guarantee a roommate.
Pre-Conference Workshop A:
Nurturing Sustainable Change:
Support for Staff and Families in the Baby-Friendly Environment

Tuesday January 15, 2019
Registration: 8:30 am-9:00 am
Session: 9:00 am-12:10 pm (Lunch is NOT Included)
Cost $55 ($65 after December 17, 2018)
RNs and CLCs: 3 Contact Hours, RDs: tbd, IBCLCs: 3E CERPS

Do you feel burnt out? Do you struggle to support the mom's desires AND meet the expectations of your workplace breastfeeding policies? What do you do if the breastfeeding mother wants some formula? What if she wants the baby to go to the nursery? Or doesn't want to hold her baby skin to skin?

Join us for this half day interactive workshop to build your counseling skills and confidence, learn new strategies for approaching challenging families and situations, and examine ethical considerations as we celebrate the work you do supporting moms and babies with evidence-informed care.

Barbara O'Connor, RN, BSN, IBCLC, ANLC
Jenny Spang, BA, CPM, IBCLC, ALC

Pre-Conference Workshop B:
Skills Workshop: Latch Intensive for Experts and Novices

Tuesday, January 15, 2019
Registration: 12:30 pm - 1:00 pm
Session: 1:00 pm - 4:10 pm
Cost $55 ($65 after December 17, 2018)
RNs and CLCs: 3 Contact Hours, RDs: tbd, IBCLCs: 3E CERPS

Even skilled lactation providers can continue to hone their skills relating to breastfeeding and latch. Practice doesn't just make perfect--it's more complex than that. This interactive skills lab on breastfeeding assessment and latch will use video analysis of breastfeeding dyads. In addition, we will discuss the research on how women want to be helped with breastfeeding.

Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC
Anna Blair, PhD, IBCLC, CLC
Cindy Turner-Maffei, MA, ALC, IBCLC

Nightly Evening Reception

Join us every evening for complimentary hors d'oeuvres and cocktails as we unwind and mingle after a fantastic conference day (registered guests of the hotel only).
Core Conference: Wednesday, Thursday and Friday  
January 16, 17, and 18, 2019

Take all three days or select just one or two! More flexibility to suit your needs and goals for this conference.

<table>
<thead>
<tr>
<th>Core Conference Registration Includes</th>
<th>Core Conference Registration</th>
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<tbody>
<tr>
<td>Conference syllabus with abstracts</td>
<td>Each day of the Core Conference is $165 USD. Or you can register for all three days and receive a significant savings! There is a $25 per person charge to use a purchase order or to bill your agency. The early bird discount is not available when using a purchase order, unless the payment is received on or before December 17, 2018.</td>
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<tr>
<td>Admission to plenary sessions</td>
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<tr>
<td>Selection of concurrent sessions - you may choose at the conference</td>
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<tr>
<td>Opportunity to earn 18 contact hours during the Core Conference (up to 6 hours per day)</td>
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<tr>
<td>Buffet lunch during the Core Conference Days</td>
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<tr>
<td>Free entrance to the Learning Bazaar</td>
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<tr>
<td>Opportunity to learn from speakers, poster presentations, and other participants</td>
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Babies and Children

Babies and children will not be admitted to the teaching rooms except for quiet, nursing babies under 6 months.

Please call us with any questions you may have! Our staff is available Monday - Friday, 9:00a.m. - 4:30p.m. EST at (508) 888-8044. Our 24-hour fax number is (508) 888-8050. You can email us at info@centerforbreastfeeding.org.

Or write to us at: The Center for Breastfeeding  
Healthy Children Project, Inc.  
327 Quaker Meeting House Road  
East Sandwich MA 02537 USA

Healthy Children Project, Inc. is defining the field of research-based breastfeeding education and ethical, evidence-based breastfeeding practice. Healthy Children Project, Inc. is a non-profit 501(c)3 research and educational institution dedicated to improving child health outcomes through partnerships with public, private and non-profit agencies.

Through its Center for Breastfeeding, Healthy Children Project, Inc. is the largest national provider of lactation management education for health care providers. More than 4,000 health providers, advocates and facilitators are educated annually through more than 100 offerings across the United States. These include five-day courses, workshops, seminars, self-study modules, national and international conferences.

Continuing education units are available to registered nurses, registered dietitians, certified lactation counselors, and internationally board certified lactation consultants through long-term provider agreements.

For more information about Healthy Children Project, Inc.’s Center for Breastfeeding, please visit us on the web at www.centerforbreastfeeding.org.

Learning Bazaar Rules & Regulations

Any registered participant for The 2019 International Breastfeeding Conference in Deerfield Beach, Florida may request an exhibit table in the Learning Bazaar - Marketplace of Ideas. There is no additional charge to exhibit. Organizations and individuals must abide by the WHO International Code of Marketing of Breastmilk Substitutes. Arrangements must be made by December 18, 2018 in order to secure a table. Space is limited.
The International Breastfeeding Conference is full of fascinating opportunities to learn and engage with speakers from all over the world—but it’s also an opportunity for CELEBRATION! Not only are we celebrating the 25th Annual International Conference, but this year marks the 25th Anniversary of the Healthy Children Project as well, and we’ll be celebrating with exciting activities throughout the whole conference!

**MORNING YOGA ON THE BEACH:** Start each day off saluting the sun and breathing fresh ocean air as you get your mind and body ready for a day full of inspiration and education!

**CONFERENCE-WIDE SCAVENGER HUNT:** Get your game face on and be a part of our week-long scavenger hunt, where you’ll have the opportunity to take fun photos, find hidden milk ducks, and win prizes—all while making new friends and building connections!

**EVENING SOCIALS:** Join us every evening in the hotel bar/restaurant for complimentary beverages, hor d’oeuvres, and themed tabletop trivia!

**HAIRLIGHTS FUNDRAISER:** It’s not just the personalities of the Healthy Children faculty that sparkle—it’s also their hair! Donate to a good cause and get a shimmering ‘do to show off!

**OUR ANNUAL DUCK RACE:** On your mark... Get set... GO! Cheer on your ducks, with a chance to become Duck Race Royalty. Plus, 100% of the proceeds go to charity!

...And it wouldn’t be a celebration without CAKE!
### Wednesday - January 16, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Session/Activity</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Registration: Learning Bazaar Open [Complimentary Breakfast for Hotel Guests]</td>
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<tr>
<td>8:30 am-9:45 am</td>
<td><strong>Where Are We Now?: Breastfeeding 360</strong>&lt;br&gt;Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC; Anna Blair, PhD, IBCLC, CLC</td>
</tr>
<tr>
<td>10:00 am-11:00 am</td>
<td><strong>Skin-to-Skin Contact: Moving the Conversation On, What Have We Learned and Where Do We Need to Go?</strong>&lt;br&gt;Kajsa Brimdyr, PhD, CLC</td>
</tr>
<tr>
<td>11:15 am-12:00 pm</td>
<td><strong>Session 1</strong>&lt;br&gt;“And They Took My Milk”: A View on the Breastfeeding Gap in African Americans&lt;br&gt;Robert Alexander Lee, MA</td>
</tr>
<tr>
<td>12:00 pm-1:00 pm</td>
<td><strong>Session 2</strong>&lt;br&gt;Stunted Futures: The Impact of Complementary Feeding Policy Gaps on Nutrition and Health of Infants and Young Children&lt;br&gt;Cindy Turner-Maffei, MA, ALC, IBCLC</td>
</tr>
<tr>
<td>1:15 pm-2:15 pm</td>
<td><strong>LUNCH</strong>&lt;br&gt;The Effects of Synthetic Oxytocin and Other Birth Practices on Infant Feeding&lt;br&gt;Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC</td>
</tr>
<tr>
<td>2:25 pm-2:55 pm</td>
<td><strong>Track 1</strong>&lt;br&gt;Increasing the Breastfeeding Knowledge for Underserved Women: Providing Equitable Access to All&lt;br&gt;Rosalind Pittman, MSN, RNC-OB, CLC, ANLC</td>
</tr>
<tr>
<td>2:25 pm-2:55 pm</td>
<td><strong>Track 2</strong>&lt;br&gt;L.E.A.R.N.&lt;br&gt;Lactation Education Across Rural Nebraska&lt;br&gt;Jackie Moline, BSN, RN, CLC</td>
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<tr>
<td>3:00 pm-3:30 pm</td>
<td><strong>Development &amp; Validation of a Self-Efficacy Theory-Based Instrument to Measure Prenatal Breastfeeding Self-Efficacy &amp; Breastfeeding Intention Among Pregnant Women</strong>&lt;br&gt;Erin McKinley, PhD, RD, LD, CLC, CHES</td>
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<tr>
<td>3:00 pm-3:30 pm</td>
<td><strong>Breastfeeding &amp; Vitamin D Supplementation: Synonymous or Not?</strong>&lt;br&gt;Sino Gallo, PhD, MSc, RD</td>
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<tr>
<td>3:35 pm-4:05 pm</td>
<td><strong>Self-Objectification in the Context of Breastfeeding: A Concept Analysis</strong>&lt;br&gt;Christine Toledo, MSN, RN, PhD Student</td>
</tr>
<tr>
<td>3:35 pm-4:05 pm</td>
<td><strong>Baby Behaviors</strong>&lt;br&gt;Nikki Lee, RN, BSN, MS, IBCLC, CCE, CIMI, ANLC, CKC</td>
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<tr>
<td>4:05 pm-4:15 pm</td>
<td><strong>Afternoon Break: Learning Bazaar Open</strong></td>
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<tr>
<td>4:15 pm-5:00 pm</td>
<td><strong>If Your Breasts Could Talk</strong>&lt;br&gt;Kristin Stewart, BS, CLC; Barbara O’Connor, RN, BSN, IBCLC, ANLC</td>
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**Nightly Evening Reception**

Join us every evening for complimentary hors d’oeuvres and cocktails as we unwind and mingle after a fantastic conference day (registered guests of the hotel only).
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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| 7:30 am-8:30 am | Registration: Learning Bazaar Open [Complimentary Breakfast for Hotel Guests]  
                Poster Presentation Session                                      |
| 8:30 am-9:45 am  | “Babies with an Oral Cleft Need Extra Help Moving Milk”  
                Infant Feeding and Babies with a Cleft Lip and Palate: Time for a Paradigm Shift  
                Alice Farrow, BSc, IBCLC, Cert PPH                                   |
| 10:00 am-11:00 am | Under Pressure: Toxic Stress, Motherhood, and Breastfeeding  
                Anna Blair, PhD, IBCLC, CLC                                           |
| 11:15 am-12:00 pm | Session 1  
                Session 2                                                             |
|                | Skin-to-Skin and the Initiation of Breastfeeding After Cesarean Surgery  
                Eva Nissen, PhD, RN, Midwife                                           |
|                | Using Fiberoptic Endoscopic Evaluation of Swallowing to Detect Laryngeal Penetration and Aspiration in Infants in the Neonatal Intensive Care Unit  
                Jenny Reynolds, MS, CCC-SLP, CLC, CNT  
                Chrysty Sturdivant, OTR, CLC, CNT                                       |
| 12:00 pm-1:00 pm | LUNCH                                                                 |
| 1:15 pm-2:15 pm | Hands-On Interventions in Breastfeeding: Consequences for Breastfeeding Outcomes  
                Kristin Svensson, PhD, RN, Midwife                                   |
| 2:25 pm-2:55 pm | Track 1  
                Track 2                                                              |
|                | “All Families Welcome”: What Do We Mean By That? Creating a Culture of Support for Diverse Families  
                Alice Farrow, BSc, IBCLC, Cert PPH                                   |
|                | Listening to the Language of Limits: Appalachian Women Share Their Experiences with Breastfeeding Education and Their Breastfeeding Decisions  
                Joni M. Gray, EdD, MA, BA, CLC                                         |
| 3:00 pm-3:30 pm | Interdisciplinary Approach to Breast Pain Management  
                Amber Valentine, MS, CCC-SLP, BCS-S, IBCLC, CNT  
                Lillian Scott, MS, CCC-SLP, IBCLC                                     |
| 3:35 pm-4:05 pm | Phagocytosis by Immune Cells Isolated from Breast Milk  
                Rebecca Powell, PhD, CLC                                               |
|                | Abuse, Bias, and Childbirth: How Women in Appalachia are Still Considered Second Class  
                Stephanie Carroll, BS, IBCLC, CLC, CLS                                |
| 4:05 pm-4:15 pm | Afternoon Break: Learning Bazaar Open                                    |
| 4:15 pm-5:00 pm | Linkages Between Breastfeeding, Environmental Health, and Obesity  
                Cindy Turner-Maffei, MA, ALC, IBCLC                                  |

**Nightly Evening Reception**

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**Friday - January 18, 2019**

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<tr>
<th>Time</th>
<th>Session 1</th>
<th>Session 2</th>
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<tr>
<td>7:30 am</td>
<td>Registration: Learning Bazaar Open [Complimentary Breakfast for Hotel Guests]</td>
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<tr>
<td>8:30am-9:45 am</td>
<td><strong>Mother’s Baby, Father’s Maybe? Honoring the Role Men Play in Breastfeeding Support and Promotion</strong>&lt;br&gt;Robert Alexander Lee, MA</td>
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<tr>
<td>10:00 am-11:00 am</td>
<td><strong>Investigations of Mother’s Milk at the Intersections of the Life Sciences and Social Sciences</strong>&lt;br&gt;Katie Hinde, PhD</td>
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<tr>
<td>11:15 am-12:00 pm</td>
<td><strong>Session 1</strong>&lt;br&gt;How the Biological “Recipe” of Milk Differs for Sons and Daughters&lt;br&gt;Katie Hinde, PhD</td>
<td>A Research Program to Implement Safe and Uninterrupted Skin-to-Skin Contact in Uganda&lt;br&gt;Anna Hjelmstedt, PhD</td>
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<tr>
<td>12:00 pm-1:00 pm</td>
<td>LUNCH</td>
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<td>1:00 pm-1:15 pm</td>
<td>Duck out for Ducks! Milk Duck Race</td>
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<td>1:15 pm-2:15 pm</td>
<td><strong>Impact of Community-Based Doulas on First Food Equity</strong>&lt;br&gt;Brenda Reyes, RN, CLC</td>
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<tr>
<td>2:25 pm-2:55 pm</td>
<td><strong>Track 1</strong>&lt;br&gt;Placental Encapsulation: Friend or Foe of Breastfeeding&lt;br&gt;Donna Walls, RN, BSN, ICCE, IBCLC, ANLC</td>
<td><strong>Track 2</strong>&lt;br&gt;Experience of Perceived Barriers and Enablers of Safe Uninterrupted Skin-to-Skin Contact During the First Hour After Birth in Uganda&lt;br&gt;Scovia Mbalinda, PhD, RN, Midwife</td>
</tr>
<tr>
<td>3:00 pm-3:30 pm</td>
<td><strong>Track 1</strong>&lt;br&gt;How to Improve Self-Confidence in Breastfeeding Moms: Lessons from Research&lt;br&gt;Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC&lt;br&gt;Anna Blair, PhD, IBCLC, CLC&lt;br&gt;Cindy Turner-Maffei, MA, ALC, IBCLC</td>
<td><strong>Track 2</strong>&lt;br&gt;Effects of Skin-to-Skin on Newborns’ Interscapular Temperature: A Study Conducted at a Ugandan Governmental General Hospital&lt;br&gt;Eva Nissen, PhD, RN, Midwife</td>
</tr>
<tr>
<td>3:35 pm-4:05 pm</td>
<td><strong>Track 1</strong>&lt;br&gt;Information Needs of Exclusive Pumpers&lt;br&gt;Fiona Jardine, PhD Candidate, MLS, LLM, ALC</td>
<td><strong>Track 2</strong>&lt;br&gt;Effect of Skin-to-Skin Contact on Breastfeeding in Gulu, Uganda&lt;br&gt;Kristin Svensson, PhD, RN, Midwife</td>
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<tr>
<td>4:05 pm-4:15 pm</td>
<td>Afternoon Break: Learning Bazaar Open</td>
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<tr>
<td>4:15 pm-5:00 pm</td>
<td><strong>Unique and Surprising Findings About Maternal Child Health</strong>&lt;br&gt;Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC; Cindy Turner-Maffei, MA, ALC, IBCLC</td>
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Conference Faculty

Anna Blair, PhD, IBCLC, CLC
Dr. Anna Blair is the Director of Academic Programs at Healthy Children Project’s Center for Breastfeeding, where she is also on the faculty and a researcher. Dr. Blair spent nearly two decades in academia in addition to her work in clinical practice. As a lactation care provider, Dr. Blair works in a community-based lactation center answering a breastfeeding warmline for three counties and offering face-to-face visits. Her research on sore nipples and positioning/latch solidified the premise that the two are intricately related. She is the author of many research articles and publications, including Maternal Infant Assessment for Breastfeeding and Human Lactation and 100 Questions & Answers about Breastfeeding.

Kajsa Brimdyr, PhD, CLC
Dr. Kajsa Brimdyr is an experienced ethnographer, researcher and international expert in the implementation of continuous, uninterrupted skin to skin in the first hour after birth. She is the award winning director of The Magical Hour: Holding Your Baby Skin to Skin the First Hour After Birth, produced with Ann-Marie Widström and Kristin Svensson, and together the three also created and produced the groundbreaking DVD Skin to Skin in the First Hour after Birth: Practical Advice for Staff after Vaginal and Cesarean Birth.

Karin Cadwell, PhD, FAAN, RN, ANLC, IBCLC
Dr. Karin Cadwell is an internationally recognized leader in the field of breastfeeding and human lactation. She is a delegate to the US Breastfeeding Committee and convener of the US UNICEF/WHO implementation of the Baby Friendly Hospital Initiative, Baby Friendly USA. She is the lead faculty at Healthy Children Project, Inc., a lactation consultant at the Center for Breastfeeding and the author of numerous books and articles.

Stephanie Carroll, BS, IBCLC, CLC, CLS
Stephanie is an International Board Certified Lactation Consultant (IBCLC) who has been practicing in the breastfeeding field since 2010. Her journey into lactation began with her own breastfeeding experience with her daughters, born in 2007 and 2010. In 2010, she became a WIC Breastfeeding Peer Helper for Gallia County WIC. It was then that she discovered a passion for helping new families reach their breastfeeding goals. She received her Certified Lactation Specialist (CLS) certification in 2012 and her Certified Lactation Counselor (CLC) certification the following year.

Alice Farrow, BSc, IBCLC, Cert. PPH
Alice Farrow is an IBCLC, writer, speaker, and infant feeding and health equity advocate. Alice has spoken around the world on lactation support for infants born with a cleft lip and palate, LGBTQI+ health inequities, gender diversity, gender inclusive language, and barriers to entry to the lactation profession. Alice recently acquired a certificate in Promoting Public Health during the completion of a Bachelor of Science (Open) in health and social care subjects. Alice wrote two dissertations in their final year – one on institutional barriers to lactation support for babies with cleft lip and palate and another on the mutual constitution of polices regulating queer parenthood. Alongside their speaking and advocacy, Alice is also an IBCLC in private practice. Their approach to clinical care is person centered and mindful of the social determinants affecting the individual client.

Sina Gallo, PhD, MSc, RD
Dr. Sina Gallo is an Assistant Professor in the Department of Nutrition and Food Studies at George Mason University in Fairfax, VA. She earned her PhD in Human Nutrition and B.S. in Dietetics from McGill University in Montréal, Québec, and is a clinician-scientist with a strong research background in child health. She works primarily with ethnic minority populations and in the development of culturally adapted behavioral health interventions. Research interests include adherence and adequacy of infant and maternal vitamin D recommendations. She is an active member of the Academy of Nutrition and Dietetics, serves on the Malnutrition in Pregnancy Evidence Analysis Library, and is a member of the Virginia WIC Medical Advisory Committee.

Joni Gray, Ed.D, MA, BA, CLC, CLS
Dr. Joni Gray is an Assistant Professor of Communication, specializing in Health Communication, at Fairmont State University (FSU), where she spearheaded the creation of two breastfeeding friendly/pumping safe spaces. Joni’s journey with breastfeeding started 30 years ago when she observed her mom nursing her younger sister. Since then she has birthed and nourished 8 children of her own, worked as a peer breastfeeding counselor for WIC, completed dissertation research focusing on Appalachian culture and breastfeeding decisions, and shared her experiences and those of other WV moms with various conference presentations and symposiums. Dr. Gray is a member of the Appalachian Breastfeeding Network (ABN), West Virginia Breastfeeding Alliance (WVBA), and Ohio Lactation Consultant Association (OLCA).
Conference Faculty

Katie Hinde, PhD
Dr. Katie Hinde is an Associate Professor in the School of Human Evolution and Social Change, Center for Evolution and Medicine at Arizona State University. As Director of the Comparative Lactation Lab, she investigates the adaptively relevant environment of the developing mammalian infant - the mother and her milk - to understand early life metabolic, immunological, and biobehavioral organization. She earned a B.A. in anthropology from the University of Washington in 1999 and a Ph.D. in Anthropology from UCLA in 2008. In addition to her scholarly publications, Hinde co-edited “Building Babies: Primate Developmental Trajectories in Proximate and Ultimate Perspective” and showcases research on mother's milk, breastfeeding, and lactation for the general public, clinicians, and researchers at her blog “Mammals Suck… Milk!”

Anna Hjelmstedt, PhD
Dr. Anna Hjelmstedt is a lecturer in reproductive health and associate professor at the Department of Women and Children's Health at the Karolinska Institutet in Sweden. As a lecturer she teaches in the midwife program and also conducts research. Previously, Dr. Hjelmstedt was Program Director for the midwife program. Since 2008, she has been president of the midwife program's international committee and has built up a wide range of student and teacher exchanges.

Fiona Jardine, MA (Cantab.), LLM, MLS, ALC
Fiona Jardine is a PhD candidate at the University of Maryland’s iSchool where she is conducting pioneering research into the experiences of those who exclusively pump human milk, examining topics such as their information behavior, the reasons they exclusively pump, and the support they received; follow along with her findings here: bit.ly/EPresearch. Fiona is also an Advanced Lactation Consultant and a postpartum doula so that she can provide the support that she believes is so desperately needed, especially in the fourth trimester. After gaining her doctorate, she hopes to continue to meld research and academia with helping real people in the real world. Find out more about Fiona on her website: fionamjardine.com

Nikki Lee, RN, MSN, IBCLC, ANLC, CIMI, CCE, CKC
Nikki has been a nurse since 1971 and is a childbirth educator, a holistic lactation consultant, a craniosacral therapy practitioner, a baby body worker (teaching Infant Massage and TummyTime), an author, a teacher, a public speaker and a registered yoga instructor. Her publications include Complementary and Alternative Medicine in Breastfeeding Therapy, the monographs “Benefits of Breastfeeding and Their Economic Impact” and “Sexuality and Breastfeeding” and the educational pamphlet “How to help yourself through labor.”

Robert Alexander Lee, MA
Robert Alexander Lee holds a Master’s degree in Communications from American University. A former Baltimore Public School teacher, his work as a union leader and community activism led him to work in the end-of-life and the beginning-of-life network. Mr. Lee has been instrumental in leading a national charge in WIC to include the role of fathers in breastfeeding support and promotion. He has a strong belief in conscious communications and living intentional with a purpose. Mr. Lee is currently working with food and beverage manufacturers to expand the organic proposition in the WIC food package as well as supporting local WIC agencies on their breastfeeding initiatives. He currently aspires to form a national coalition of men to support breastfeeding in hopes to normalize breastfeeding and support women's health.

Larissa Loufman, MPH, RD, LD, CLC
Larissa Loufman is a Registered/Licensed Dietitian, Research Coordinator, and Certified Lactation Counselor with a passion for public health and community-based interventions. Ms. Loufman earned her Bachelor's degree in Dietetics from Miami University and Master of Public Health degree in the area of Health Promotion & Behavioral Sciences at the University of Texas. Her experience includes supporting vulnerable, underserved populations by working with individuals to overcome social determinants of health for the improvement of overall well-being and better health outcomes. Currently, she conducts local and national community-based research as Research Coordinator for the Department of Critical Care Medicine at Cincinatti Children's Hospital Medical Center.

Scovia Mbalinda, PhD, RN, Midwife
Dr. Scovia Nalugo Mbalinda is a lecturer in the Department of Nursing, Makerere University. She is also an Afya Bora Global Health Leadership fellow in pediatric and adolescent health at the Ministry of Health in Uganda. She previously worked as a maternal and adolescent heath consultant with two international Non-Government organizations in Africa; Jhpiego and Mariestopes. She is a fellow of the Sub-Saharan Africa Foundation for Advancement of International Medical Education and Research regional institute in Cape Town, South Africa. She is interested in reproductive, adolescent, maternal and child health systems strengthening and nursing education research.
**Conference Faculty**

**Erin McKinley, PhD, RD, LD, CLC, CHES**
Dr. Erin McKinley is a Registered Dietitian, Certified Health Education Specialist, and Certified Lactation Counselor based in Baton Rouge, LA. She is an Assistant Professor and the Director of the Didactic Program in Dietetics at Louisiana State University. She obtained both her PhD in Health Education and Health Promotion and Masters of Science in Human Nutrition from The University of Alabama. Her present research plan is an expansion of the work she will currently present in hopes to further understand how prenatal breastfeeding self-efficacy affects breastfeeding activity in the first year of a child’s life.

**Jackie Moline, BSN, RN, CLC**
Jackie Moline is the Maternal Infant Health Program Coordinator for the Nebraska Department of Health and Human Services and a participating member of Child Safety CONN, Nebraska Breastfeeding Coalition / the Midwest Breastfeeding Collaboration/ Nebraska AWHONN, March of Dimes Program Committee and Conference Planning Committees. She was selected as the Nebraska Chapter of Association of Women’s Health, Obstetrics and Neonatal Nurses 2017 Nebraska Nurse of the Year and has been a Registered Nurse for 33 years.

**Eva Nissen, PhD, RN, Midwife**
Dr. Eva Nissen holds a position as professor specializing in reproductive and perinatal health, a dual registration as nurse and midwife, and has a PhD in medical science. She has previously been program director of the midwifery program at Karolinska Institutet. She presently chairs of the Division for Reproductive Health and is a core leader for Women’s and Children’s Health within the Strategic Research Program in Caring Science. Eva Nissen is heading the recently founded research group “Parenting and Childbirth” and previously she headed the “Parent-infant interaction and breastfeeding group.”

**Barbara O’Connor, RN, BSN, IBCLC, ANLC**
Barbara O’Connor has worked in a variety of settings as a newborn nursery nurse, school nurse, HIV/AIDS educator, WIC coordinator, and training consultant. Barbara was a member of the first International People to People Breastfeeding and Human Lactation Delegation to Russia, Romania, and Cuba, and has taught lactation courses to physicians in Latvia and Egypt. She is an author of Maternal & Infant Assessment for Breastfeeding and Human Lactation, 2nd Edition.

**Rosalind Pittman, MSN, RNC-OB, CLC, ANLC**
Rosalind Pittman has over 19 years of nursing experience. She has served as a medical-surgical nurse but has spent the majority of her experience in labor and delivery. Ms. Pittman has a BSN from the University of Southern Mississippi, a MSN in Nursing Informatics from the University of Alabama at Birmingham, and is currently pursuing a post-certificate degree in FNP and Nurse Educator, which will lead to a doctoral degree. Additionally, she holds the following certificates: in-patient obstetrics, lactation consultation, and informaticist nurse.

**Rebecca Powell, PhD, CLC**
Dr. Rebecca LR Powell is an Assistant Professor in the department of Medicine, Division of Infectious Diseases, at the Icahn School of Medicine at Mount Sinai Hospital. She is analyzing the phagocytosis responses of various cell types to better understand the effects of phagocytosis receptor profiles and the impact of antibody specificity on the elicitation of biologic function. Rebecca is studying contribution of breast milk leukocytes to the relatively low rate of HIV transmission in infants exclusively breastfed by their HIV-infected mothers. She received her PhD in microbiology from the Sackler Institute, NYU School of Medicine.

**Brenda Reyes, RN, CLC**
Brenda Reyes is a bilingual Registered Nurse and Certified Lactation Counselor. As the program manager for HealthConnect One (HC One), she has over 15 years of experience working with diverse organizations to create and implement peer support programs for new moms and families. Currently, she serves as HC One’s representative to the United States Breastfeeding Committee (USBC). She is also an elected board member of USBC and the National Association of Professional and Peer Lactation Support Providers of Color. She is a frequent speaker on breastfeeding, maternal and child health, health equity, and supporting Latino families. Brenda is a reproductive justice & racial equity advocate and mother of three breastfed children.
Jenny Reynolds, MS, CCC-SLP, CLC, CNT
Jenny Reynolds is a neonatal speech therapist currently practicing as Advanced Clinical Specialist at Baylor University Medical Center in Dallas, Texas. Jenny developed several programs at Baylor Medical Center as the supervisor of the critical care and speech therapy team for over ten years and is the co-founder of an innovative FEES program in the NICU. Her research publications have been in dysphagia. Jenny is an adjunct lecturer at UT Dallas, Texas Women's University, and University of North Texas speech therapy graduate programs.

Lillian Scott, MS, CCC-SLP, IBCLC
Lillian Scott is a speech-language pathologist and international board certified lactation consultant. She received master's degree in Speech-Language Pathology from Gallaudet University. She received dual bachelor degrees from the University of Kentucky. She has worked with pediatrics and adults in the areas of speech, language, and swallowing. She has NICU, PICU, Mother/baby, and outpatient clinical experience working with feeding dyads for nursing and/or bottle feeding. She has completes Modified Barium Swallow Studies in adults and pediatrics. She has experience in adult FEES. Her interest is in successful feeding by mouth for infants and children with complex medical histories while promoting and supporting breastfeeding/chestfeeding for everyone.

Jenny Spang, BA, CPM, IBCLC, ALC
Jenny Spang has been working with mothers and babies for over 20 years, and her midwifery practice has given her extensive experience with healthy pregnancy, childbirth, breastfeeding, and newborn care. She has worked as a WIC breastfeeding peer counselor, childbirth educator, doula, family planning specialist, and community health educator. She lives near Belfast, Maine, where she has provided home visit support prenatally and postpartum to first-time and teen parents, specializing in developing counseling relationships to help parents reach their breastfeeding and parenting goals.

Kristin Stewart, BS, CLC
Kristin Stewart has been teaching the art of communication for over 20 years with an expertise in non-verbal communication. She received her Bachelor of Science degree from Brown University in Political Science and has had a long and varied career involving travel, performance, and teaching. Kristin has been working with Healthy Children Project's Center for Breastfeeding for eight years and is fascinated by the unspoken communication in the breastfeeding dyad. Recent projects include the research of popular culture surrounding birth and breastfeeding and its impact on adolescent women and discourse analysis of breastfeeding in popular culture for the past two decades.

Chrysty Sturdivant, OTR, CLC, CNT
Chrsty Sturdivant is a neonatal occupational therapist currently practicing as Advanced Clinical Specialist at Baylor University Medical Center in Dallas, Texas. Chrysty is a member of the National Association of Neonatal Therapist, operates as Vice President for NANT as well as the conference co-chair and is a member of the NANT professional collaborative. She is one of the mentors for the IGNITE and LAUNCH programs offered by NANT. Chrysty is also the recipient of the NANT Pioneer Award.

Kristin Svensson, PhD, RN, Midwife
Dr. Kristin Svensson is active at the Department of Women's and Children's Health, the Unit for Reproductive Health, Karolinska Institutet, Solna and the Amning Center, Karolinska University Hospital. She completed her PhD in 2011 focusing on Practices that Facilitate or Hinder Breastfeeding. Together with Malin Nordgren, she is the author of the “Nursing Book” (Nature and Culture) and author of breastfeeding chapters in several books. Her research focuses on the use of skin-to-skin in the community for solving difficult breastfeeding problems.

Christine Toledo, PhDc, MSN, RN, ARNP, FNP-C
Christine Toledo is currently a PhD candidate at the School of Nursing and Health Studies, University of Miami, and a McKnight Doctoral Fellow. She received a Bachelor of Science in Biological Sciences at Florida International University, an Associate of Science in Nursing at Miami Dade College, and a Master of Science in Nursing at the University of Miami. She started her clinical career as a registered nurse on a medical-surgical unit at Mount Sinai Medical Center, and worked as a registered nurse at a level three neonatal intensive care unit (NICU) for three years at Holtz Children Hospital caring for critically ill infants. It was during these years at the NICU that Christine developed a passion for maternal and child health research.
Cindy Turner-Maffei, MA, ALC, IBCLC
Cindy Turner-Maffei is lead faculty and lactation consultant at Healthy Children Project's Center for Breastfeeding, where she has worked for more than 20 years. From 1997-2011, she served as National Coordinator of Baby-Friendly USA, overseeing the implementation of the UNICEF Baby-Friendly Hospital Initiative in the United States. An IBCLC since 1988, Cindy has extensive experience as a nutritionist and breastfeeding coordinator in WIC and other Maternal Child Health programs. She serves on a number of breastfeeding coalitions on the local, state and national level, including the US Breastfeeding Committee, and taught at the bachelor's level for 17 years at Union Institute & University. She has been honored to work alongside those working to help new families overcome breastfeeding issues throughout this country and in Egypt, Latvia, and Sweden. Cindy is an author, co-author, and editor of several articles and books, including her favorite, Case Studies in Breastfeeding: Problem-Solving Skills & Strategies.

Amber Valentine, MS, CCC-SLP, BCS-S, IBCLC, CNT
Amber Valentine is a Speech-Language Pathologist who graduated from the University of Kentucky with her MS in Communication Disorders. She is a Board Certified Specialist in Swallowing and Swallowing Disorders and an International Board Certified Lactation Consultant. She recently received her credentials to become a Certified Neonatal Therapist (CNT). She worked for Baptist Health Systems, Inc. for eight years before moving to Florida where she worked for Wolfsons Children's Hospital and Mayo Florida. She is now back in Kentucky working for Baptist Health Lexington.

Donna Walls, RN, BSN, ICCE, IBCLC, ANLC
Donna Walls has been a registered nurse for 45 years, and for 43 years has worked with pregnant and new parents. She became a certified childbirth educator in 1984 and a certified lactation consultant in 1987. She joined Healthy Children Project's Center for Breastfeeding faculty in 2010 and continues to practice as a clinical lactation consultant. She was the project leader for the successful Baby-Friendly designation at Southview Hospital in 2008 and serves as the representative to the United States Breastfeeding Committee for the International Childbirth Education Association, where she serves as the Director of Lactation. In 1997, she graduated as a master herbalist from the Australasian College with a Diploma Degree in Herbal Sciences and in 1998 became a certified aromatherapist. She published her first book “Natural Families – Healthy Homes” in 2007, and second book “Growing Green Families” in 2016, focusing on the connection between the health of the environment and personal health.
Registration Form 2019

The 25th Annual International Breastfeeding Conference in Deerfield Beach, Florida

Register online at www.centerforbreastfeeding.org

Or mail, fax, or call with your registration.

Please type your name or print it legibly so that it will be spelled correctly on your nametag and certificate.

Name ___________________________________________________________________________________

Home Address ____________________________________________________________________________

City _____________________________________         State _________       Zip ______________  - _________

Phone ___________________________________         Fax _________________________________________

Email Address _____________________________________________________________________________

Continuing Education Credit

( ) RN license # ________________________________  State: _________

( ) RD # ________________________________________________

( ) IBCLC # _____________________________________________

( ) CLC (ALPP) #:________________________________________

Conference Rates

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<tr>
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<tr>
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TOTAL ENCLOSED $____________

(Note: Lunch is included for all Core Conference days but NOT the Pre-Conference Sessions.)

Payment Information

( ) Check enclosed

( ) PO Number ____________ ($25 per person surcharge for POs or to bill your agency)

( ) Credit Card Visa/MC/Amex/Discover**


Expiration ______/______        VCode**________       Signature _____________________________________

Billing address associated with Card:________________________________________________________

Name on the Card______________________________       Phone # for cardholder______________________

**The VCode is the 3 digit number on the back of your MC/VISA/Discover, or 4 digit number on the front of your AmEx.

The Center for Breastfeeding
Healthy Children Project, Inc.
327 Quaker Meeting House Road
East Sandwich, MA 02537
Phone: (508) 888-8044